# HOST A FOOD DRIVE. A YEAR OF CARING.

## for Bette's Bounty Food Pantry

Help keep shelves stocked beyond the holidays. UCP invites churches, schools, businesses, farms, retailers and elected officials to host a food and personal care drive any time of year.

## About the Pantry

Bette's Bounty provides nutritious food and everyday essentials to people with disabilities and their families across Eastern Connecticut. The pantry offers a welcoming, appointment-based setting at UCP's Quaker Hill campus. Through UCP's Supported Employment Transition Program, participants gain work experience and practice communication and problem-solving skills while helping the pantry serve the community. Named in honor of Marion "Bette" Alfiero, the pantry carries forward her kindness and care for people with disabilities.



## Your Giving Options

### Host a Food Drive

**It's easy. Just call us and we'll drop off food collection bins and signage.**

### CALL (860) 217-8558

Hold your drive whenever it works for you. We'd love to help you plan it, and you're also welcome to run it on your own and let us know afterward.

**Not sure what to collect?** The wish list on page two shows what's needed most.

### Help Stock Our Shelves

**$100:** Stock Bette's Bounty Food Pantry for a **week.**

**$250:** Stock Bette's Bounty Food Pantry for **two weeks.**

**$500:** Stock Bette's Bounty Food Pantry for a **month.**

**$1,500:** Stock Bette's Bounty Food Pantry for a **season** (3 months).

**$6,000:** Stock Bette's Bounty Food Pantry for a **year.**

DONATE

## Your generosity deserves recognition

- **Website:** Your organization listed on UCP's pantry webpage.
- **Social media:** A delivery photo post tagging your organization's pages.
- **Annual report:** A listing in "Partners of Bette's Bounty."

# HELP STOCK THE SHELVES

**Bette's Bounty Food Pantry | Partner drive wish list**

## What to Collect | What Your Generosity Provides

Focus your drive on shelf-stable food, personal care products and household essentials.

## Food & pantry staples

**Everyday basics**

Rice, pasta, pasta sauces, dry or canned beans, peanut butter, jelly, bread, mashed potatoes, cooking oils, oatmeal and cereal.

**Canned & easy meals**

Canned vegetables, fruit or fruit cups, tuna, chicken, salmon, Vienna sausages, canned soup, Maruchan ramen and complete meals or other easy microwave foods.

**More shelf-stable favorites**

Applesauce, pudding, Jell-O, coffee, hot chocolate, evaporated milk, seasonings/spices, taco shells or tortillas, condiments and snacks.

## Personal care & household

**Personal care**

Deodorant, toothpaste, soap, shampoo and conditioner, baby wipes, lotion, mouthwash and dental floss.

**Household essentials**

Laundry detergent, fabric softener, cleaning supplies (Ajax/Comet, bleach, disinfecting wipes), toilet paper, paper towels, trash bags, dish soap, aluminum foil and Ziploc bags.

**Fresh & refrigerated**

Butter, cheese, yogurt, lactose-free milk, fruit and vegetables. Call UCP before collecting to arrange storage and delivery.

## Donation & delivery guidelines

- **Give usable, in-date items.** Donate new, unopened products in good condition.
- **Pack separately.** Keep personal care and cleaning products apart from food.
- **Drop off when you're done.** Call Joanna to set a time and share any fresh-food storage needs.

**Help keep Bette's Bounty stocked all year.**


READY TO HOST OR DONATE?

**Joanna Marrero, DLP**

Food Pantry Coordinator

**CALL (860) 217-8558**

42 Norwich Road, Quaker Hill, CT 06375

Fax: (860) 443-8272 | www.ucpect.org


**Pantry services:** By appointment only. Pantry line: 860.968.3663 (860-968-FOOD)

UCP is a United Way of Southeastern CT partner agency.

**Website:** ucpect.org/programs/ucps-food-pantry/