



HOST A FOOD DRIVE

for Bette's Bounty Food Pantry

One month. One community partner. A year of caring.

Help keep shelves stocked beyond the holidays. UCP invites churches, schools, businesses, farms, retailers and elected officials to join a 12-month calendar of food and personal care drives, with a partner hosting each month.

About the Pantry

Bette's Bounty provides nutritious food and everyday essentials to people with disabilities and their families across Eastern Connecticut. The pantry offers a welcoming, appointment-based setting at UCP's Quaker Hill campus.

Through UCP's Supported Employment Transition Program, participants gain work experience and practice communication and problem-solving skills while helping the pantry serve the community.



Named in honor of Marion "Bette" Alfiero, a beloved Montville schools teacher's assistant, the pantry carries forward her kindness and care for people with disabilities.

Your commitment

- 1. Choose your month.** Coordinate with UCP and host one food and personal care drive.
- 2. Name a point person.** Share your coordinator's contact information with UCP.
- 3. Collect what's needed.** Use the wish list on page two and confirm current priorities. Quality over volume.
- 4. Deliver at month's end.** Call Joanna at (860) 217-8558 to arrange delivery and unloading at 42 Norwich Road, Quaker Hill.

Your generosity deserves recognition

- **Website:** Your organization listed on UCP's pantry webpage.
- **Social media:** A delivery photo post tagging your organization's pages.
- **Annual report:** A listing in "Partners of Bette's Bounty."

HELP STOCK THE SHELVES

Bette's Bounty Food Pantry | Partner drive wish list

What to collect

Focus your drive on shelf-stable food, personal care products and household essentials.

Food & pantry staples

Everyday basics

Rice, pasta, pasta sauces, dry or canned beans, peanut butter, jelly, bread, mashed potatoes, cooking oils, oatmeal and cereal.

Canned & easy meals

Canned vegetables, fruit or fruit cups, tuna, chicken, salmon, Vienna sausages, canned soup, Maruchan ramen, and complete meals or other easy microwave foods.

More shelf-stable favorites

Applesauce, pudding, Jell-O, coffee, hot chocolate, evaporated milk, seasonings/spices, taco shells or tortillas, condiments and snacks.

Personal care & household

Personal care

Deodorant, toothpaste, soap, shampoo and conditioner, baby wipes, lotion, mouthwash and dental floss.

Household essentials

Laundry detergent, fabric softener, cleaning supplies (Ajax/Comet, bleach, disinfecting wipes), toilet paper, paper towels, trash bags, dish soap, aluminum foil and Ziploc bags.

Fresh & refrigerated

Butter, cheese, yogurt, lactose-free milk, fruit and vegetables. Call UCP before collecting to arrange storage and delivery.

Donation & delivery guidelines

- **Give usable, in-date items.** Donate new, unopened products in good condition.
- **Pack separately.** Keep personal care and cleaning products apart from food.
- **Arrange delivery.** Call Joanna before bringing donations at month's end. Confirm the time, unloading details and any fresh-food storage needs.

Reserve your month and help keep Bette's Bounty stocked all year.

READY TO HOST? CONTACT JOANNA

Joanna Marrero, DLP

Food Pantry Coordinator

CALL (860) 217-8558

42 Norwich Road, Quaker Hill, CT 06375

Fax: (860) 443-8272 | www.ucpect.org

Pantry services: By appointment, Monday–Friday, 10 a.m.–4 p.m. Pantry line: 860.968.3663 (860-968-FOOD)

UCP is a United Way of Southeastern CT partner agency.

Website: ucpect.org/programs/ucps-food-pantry/